



December 2018

West Orange High school School Counseling News

Lunch period

Lunch time meeting with school counselors
In the
School Counseling Office

This opportunity is available to all students to
receive assistance with any problems,
questions or concerns



Inside this issue:

**School Closed
December 24th-31st
&
Jan. 1, 2019**

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WEST ORANGE HIGH SCHOOL SCHOOL COUNSELING DEPARTMENT GUIDE

Cheryl Butler

**Director of Student Personnel Services / Counseling
Ext. 31611**

Our school counselors handle issues such as but not limited to:

- Sign up with Naviance
- Obtain access to the parent portal
- Scheduling
- Post secondary planning
- Individual counseling and advisement
e.g., Resolve conflicts, specific student concerns
(grades, peer pressure, academic support etc.)
- Student appraisal—coordinating information that goes into confidential student files and interpreting the information to help qualify students for special programs
- Coordinate meeting with parent, teacher and student to address issues/concerns in class
- Referral—provide referrals to appropriate professionals in the schools and in the outside community

51 Conforti Avenue

Main Number: (973) 669-5301
 Attendance: ext. 31999
 Nurse: ext. 31524
 Guidance: ext. 31600
 Special Education: ext.31653
 Athletics: ext.31567

SCHOOL COUNSELORS

Aldo Casale	ext. 31606
Anna D’Elia	ext. 31615
Olivia DelSpina	ext. 31617
Margaret Fahey	ext. 31610
Madelin Fernandez-Perez	ext. 31603
Kathryn Furey	ext. 31609
Mary Kehoe	ext. 31602
Guerlyn Millington	ext. 31613
Louis Pallante	ext. 31607
Rachel Rosen	ext. 31601
Rossanna Santos	ext. 31612

SAC

(Student Assistance Counselor)

Amedeo Chirichiello	WOHS ext. 31552
Jaelyn Headlam	WOHS ext. 31557

Administrative Assistants

Montrisa Bradford	ext. 31605
Michele Carroll	ext. 31608
Angela Gonzalez	ext. 31604
Lisa Wnek	ext. 31614



Parent Message

If you are like most folks I know, no matter what your religious or secular preferences, you are busy shopping for food and/or gifts, cooking, and planning trying to prepare your homes for special times this month.

However, I have a request to make. Please do not forget that your sons and daughters still have school. They must attend classes, do homework and follow a schedule. Their emotions may be at an all time high. Our seniors may still be filling out applications for college or waiting news from colleges. They and others continue to have obligations to sports, choral groups or other extra-curricular activities and volunteer work. We must also be aware that not all students are looking forward to this month's celebrations due to family circumstances.

No matter what your circumstances are, please pay attention to your children's behaviors and needs. Listen to them, and most important, please let them know you love them. This is a gift that does not require a monetary expense, but it requires your time.

To all of you from all of us at West Orange High School who work hard to help your sons and daughters to enter adulthood in positive ways, best wishes for a safe, healthy and happy end of 2018!

Esther M. Bearg, EdD



Student Assistance Counselor Message

How to Take the Stress Out of the Holidays

The following is an excerpt from an article from <https://childmind.org/article/how-to-take-the-stress-out-of-the-holidays/> entitled: How to Take the Stress Out of the Holidays

1. Be open to change.

Talk with your kids about your traditions — which ones they love and which you might evolve to make them more fun or memorable for everyone. This is especially important when family dynamics have changed because of divorce, a new marriage or sibling, or a death in the family.

2. Be realistic.

Factoring in kids' limitations when you make plans will reduce stress on everyone. Kids who are anxious about meeting new people — or even encountering the extended family — will need support and realistic expectations. Kids who have trouble with organization will need help to succeed at gift-giving. Children who tend to be impulsive need structure to minimize disruptive behavior. Not overestimating your kids' patience and ability to focus will help you enjoy yourself more, too.

3. Prep kids for changes in routine.

Holidays represent a change in a family's normal schedule, and for some kids that's unsettling. Preparing them for changes in their routines — what to expect and what you expect of them—will help head off meltdowns. If you're traveling, bring familiar toys and books, and make sure you have quiet one-on-one time like reading before bed.

4. Give yourself a break.

Don't stretch yourself too thin trying to create the "perfect" holiday season. Decide what is important, prioritize, and say "no" to what you can't handle.

5. Be sure to laugh.

Kids pick up their parents' stress and tension, so they're more likely to be irritable if you are. Have a sense of humor, enjoy your kids for who they are, and keep in mind that what you'll all remember when it's over is likely to be the unexpected moment when everybody was relaxed, not the brilliantly choreographed party, dinner, or outing.

Enjoy the Holidays More With Mindfulness

The following is an excerpt from an article entitled 'Enjoy the Holidays More With Mindfulness' <https://childmind.org/article/enjoy-the-holidays-more-with-mindfulness/>

Contrary to common belief, one effective way to cope with the holiday madness is to **SLOW DOWN** and take a little time each day to cultivate and practice mindfulness.

Here are some suggestions to get started:

1. Find a quiet place for just a few minutes (I sometimes recommend the bathroom, as for some people this is the only quiet spot!). Get yourself into a comfortable sitting position with your feet flat on the floor. Close your eyes and focus on your breathing only. Do this for a few minutes. Listen to the sound of your breath and notice how your body feels during this time. When thoughts of other moments come racing into your mind, acknowledge them and let them go by as if they are on a conveyor belt, and refocus your attention on your breath again. Do this over and over.
2. Spend a few minutes each day writing down five things you are thankful for that day.
3. When you are walking outside, focus on one of your senses. For example, for vision, notice the colors of objects around you or for hearing, listen to the sounds around you and label them nonjudgmentally (eg "That building is gray," or "I hear a horn honking").
4. Get the kids involved! One favorite thing I like to recommend is good old fashioned bubble blowing. Make a game out of it and instruct them (and your self) to silently watch the bubbles float around the room. Resist the urge to pop the bubbles and see where they go.

By taking a few minutes each day to be mindful, perhaps even more than once a day, we can give ourselves the space to get in touch with ourselves, to fully experience the meaningful moments that often pass us by, and to take time to practice gratitude for what we have in our lives.

CONFIDENTIALITY:

Privacy of information shared by students and parents will be protected unless it involves student safety.



ACT Testing Dates

ACT EXAMINATION TEST DATES 2018-2019

Test Date	Registration Deadline	(Late Fee Required)
October 27, 2018 @ WOHS	September 28th	Oct. 14th
December 8, 2018	November 2nd	November 9th
February 9, 2019 @WOHS	January 11th	January 18th
April 13, 2019	March 8th	March 25th
June 8, 2019 @WOHS	May 3rd	May 4th-20th
July 13, 2019	June 14th	June 24th



SAT Testing Dates

SAT EXAMINATION TEST DATES 2018-2019

Test Date	Registration Deadline	(Late Fee Required)
October 6, 2018	Sept. 7th	Sept. 26th
November 3, 2018 @WOHS	Oct. 5th	Oct. 24th
December 1, 2018	Nov. 2nd	Nov. 20th
March 9, 2019 @WOHS	Feb. 8th	Feb. 27th
May 4, 2019	April 5th	April 24th
June 1, 2019 @WOHS	May 3rd	May 22nd



Testing Dates

PSAT/National Merit Scholarship Qualifying Test

October 10, 2018 (Wednesday)
All 10th & 11th grade students

PARCC TEST DATES 2017-2018

Grade 9,10,11 ELA
April 8-9, 2019

Grade 9,10,11 Math
Alg I, Geometry, Alg II
April 23-25,2019

Advanced Placement Program Examinations

May 6-17, 2019

NJ Biology Competency Test (NJBCT)

TBA

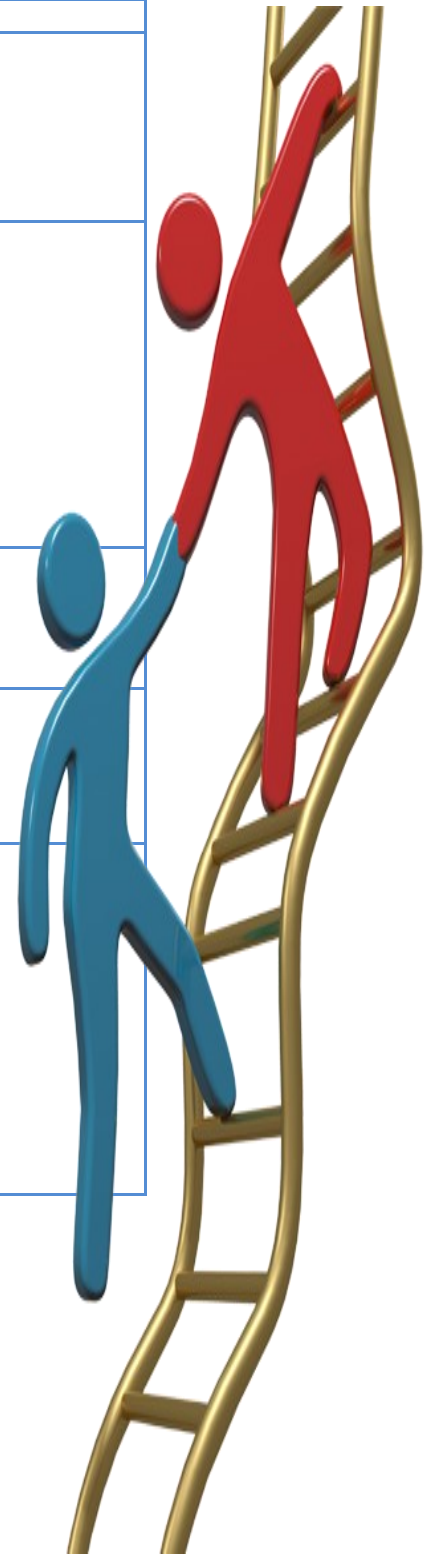
2018-2019 Counseling Department Programs

PROGRAMS / EVENTS (EVENING)	
January 10, 2018 Time: 7:00 pm <u>(snow date 1/11/2018)</u> Liberty Middle School Auditorium	<p><u>8th Grade Orientation</u> <u>Transition to West Orange High School</u></p> <p>Provide an overview of courses offered. Describe the course selection process. Review high school graduation requirements</p>
January 29, 2019 Time: 7:00 pm WOHS – LMC	<p><u>Junior Parent Night</u></p> <p>Evening meeting for Junior parents and students to review the college application process and what to expect during Junior Conferences.</p> <p><u>Interpreting PSAT Scores: PSAT Results Workshop for Parents and Students</u></p>
March 27, 2019 Time: 6:30 pm WOHS - LMC	<p><u>Naviance 6,7,8 / Family Connection Presentation</u> <u>(8th Grade Parents Only)</u></p> <p>Liberty & Roosevelt Middle Schools</p>
April 23, 2019 Time: 6:30 pm - 8:30pm WOHS - Tarnoff Cafeteria	<p><u>College Night</u></p> <p>Representatives from various colleges/universities will be available to provide information about their school. Parents and students will have an opportunity to obtain information as well as ask questions.</p>



2018-2019 SAC PROGRAMS / EVENTS

January	Jan. 9 & 10	8 th Grade Orientation Transition to WOHS
	TBA	Career Exploration Night
February	TBA	Teen Dating Violence Prevention Activities
	TBA	HIB Presentation Students
	TBA	HIB Presentation Parents
March	TBA	Health & Wellness Fair
April	TBA	Alcohol Awareness Month
May	TBA	12 Grade Assembly After the Fire



Scholarships



NJ Youth Soccer is honored to inform schools throughout New Jersey of the various scholarships that are available to assist candidates with the cost of higher education. They encourage college bound seniors who have played in the NJ Youth Soccer system to submit an application for one or more of our three annual scholarships:

[Jeanine Willis Scholarship](#)

[Brett Fenster Memorial Scholarship](#)

[Allan B. Sinclair Memorial Scholarship](#)



To be considered for a scholarship, an application must be completed and submitted to the NJYS Office by the **December 18, 2018 deadline**. In addition to the application and the student's high school transcript, an essay (no more than two typed pages) must be written and submitted by each applicant explaining why he or she should be selected to receive the scholarship. Students may apply for more than one of the scholarships listed, but may not be awarded more than one NJYS scholarship.

<http://www.njyouthsoccer.com/njys-scholarships-october-23-2018>



**Fashion Institute
of Technology**

Fashion Institute of Design and Merchandising

FIDM National Scholarship Competition

FIDM colleges with four California campuses will be awarding more than 28 Scholarships, including eight full one-year scholarships

worth \$31,500.00 each, that's more than \$300,000 in scholarships in total.

For entry details and the most up-to-date information visit: bit.ly/FIDMscholarship

The National Competition deadline : March 15, 2019

AXA Achievement Scholarship

The AXA Achievement Scholarship offers college scholarships of \$2,500, \$10,000 and \$25,000 to high school seniors who have demonstrated outstanding achievement in their activities in school, the community or the workplace.

Scholarship winners are known as AXA Achievers. They are ethnically and economically diverse, but they share these qualities: ambition and drive; determination to set and reach goals; respect for self, family and community; ability to succeed in college. The scholarship is sponsored by the [AXA Foundation](#), the philanthropic arm of AXA US.

The 2019 program will be accepting applications from September 1, 2018 until 10,000 applications are submitted or December 14, 2018, whichever comes first.

Your application MUST be one of the first 10,000 completed and submitted electronically by the deadline date. *Apply early!*

<https://us.axa.com/axa-foundation/AXA-achievement-scholarship.html>



The New Jersey Electronic Security Association (NJESA), an official chartered chapter of the Electronic Security Association (ESA), is pleased to announce the availability of college scholarship awards to sons and daughters of active-duty police and fire personnel.

The scholarship awards, in the amounts of **\$1,500** for first prize and **\$1,000** for second prize, are available to qualified high school seniors.

Awards are based on a combination of academic achievement, national test scores, extracurricular participation and the essay. In addition to completing the application and submitting the appropriate documentation, each student must write an essay explaining “What it means to me to have my parent or guardian involved in securing our community.”

A copy of the requirements and application can be found at <http://esaweb.org/ysapplyNJ>.

All applications must be submitted online.

For more information contact Sunitha at sunitha@nj-esa.org or 732-252-8672.

Deadline to submit an online application is March 1, 2019



Burger King Scholars

Students must be graduating high school seniors with a cumulative high school grade point average of 2.5 or higher on a 4.0 scale, and substantial work experience and financial need. Students must be planning to enroll full-time, without interruption for the entire 2018-2019 academic year at an accredited two- or four-year college, university, or vocational-technical school in the U.S., Canada or Puerto Rico. Please read the complete Award Guidelines at the Burger King Scholars website and complete the application online.

<https://www.scholarshipamerica.org/burgerkingscholars/information.php>

Application deadline: December 15, 2018

Janet Logan Daily Foundation Scholarship

The Janet Logan Daily Foundation awards an annual \$10,000 scholarship to one graduating high school senior in New Jersey who enrolls full-time in an accredited university or college within the United States. The foundation was established in memory of Janet Logan Daily, a New Jersey teacher who cultivated special bonds with students, friends, family and newcomers.

Janet's warmth continues with this scholarship. Eligibility:

Graduating high school seniors from New Jersey enrolling full-time in an accredited university or college within the United States are eligible. Applicants must meet the following criteria: students must have worked an average of 30 hours per week during the summer since the age of 16 (paid positions only), actively participate in at least one extra-curricular activity, and have a minimum GPA of 2.5. Financial need may be considered when selecting the recipient.

Application Requirements:

This award is available to New Jersey residents only. Applicants must thoroughly complete all 8 sections of the digital application form and provide references where requested. Guidance Counselor verification of the included student information will be mandatory. Late or incomplete applications will not be considered.

*****Applications must be submitted by April 1st, 2019*****

Scholarship Acceptance and Disbursement Terms:

Upon winning the award, recipient must submit a short personal statement illustrating goals, hobbies and educational/career plans, all of which may be showcased on the Janet Logan Daily Foundation website and related media.

Scholarship fund disbursement will be granted once the recipient provides proof of enrollment in an accredited institution. In order to continue receiving annual award disbursement, recipient must provide proof of employment throughout college (30+ hours/week during summer) and submit a yearly grade transcript (student must maintain full-time enrollment with minimum 2.5 GPA).

2018-2019 Applications are being accepted until April 1st, 2019

application@janetlogandailyfoundation.org

GE-Reagan Foundation Scholarship Program

The Ronald Reagan Presidential Foundation & Institute and GE have established a scholarship program to assist high school seniors planning to enroll in a full-time undergraduate course of study towards a bachelor's degree at an accredited four-year college or university in the United States.

This program is administered by Scholarship America, the nation's largest designer and manager of scholarship, tuition assistance and other education support programs for corporations, foundations, associations and individuals.

www.scholarsapply.org/ge-reagan/

The 2019 program will be accepting applications from Oct.15, 2018 thru Jan. 4, 2019.

Monks Home Improvement Service Scholarship

Monks Home Improvement Scholarship is for a high school senior who will be attending an accredited college or university for the 2019-2020 school year. Student must have a permanent address located within Monk's service area in Northern NJ. Student must demonstrate a commitment to bettering his/her community through service. Special consideration given to students who have shown leadership or entrepreneurial thinking within their service endeavors.

Application is to be completed online , **deadline is March31, 2019**

<https://monkshomeimprovements.com/scholarship/>

Abbott and Fenner Scholarship Program

Abbott and Fenner Business Consultants will be awarding up to \$1,000 to the winners each year. FULL DETAILS are available on the website. Students will submit an essay on the topic that appears on the scholarship page of their web site.

<http://www.abbottandfenner.com/scholarships.htm>.

The deadline is June 14, 2019.

Big Sun Scholarship 2019

The BigSun Athletics Organization is proud to be able to help young athletes succeed in their academic pursuits.

All student-athletes are eligible for this award, regardless of which sport they are participating in.

Students must be a high school senior or be attending a post-secondary institute.

Individual awards are \$500. The numbers of awards vary.

For more information go to athleticawards@bigsunathletics.com.

Application deadline: June 19, 2019.



The Jackie Robinson Foundation Scholarship

The Jackie Robinson Foundation (JRF) Scholarship program addresses the financial needs of college students and provides extensive, hands-on mentoring and support services. Once chosen from a national, selective application process, *Jackie Robinson Foundation Scholars* receive a generous four-year grant to attend the undergraduate school of their choice and enroll in JRF's celebrated "42 Strategies for Success Curriculum". This four-year program guides JRF Scholars to effectively navigate their college environments, explore career options, develop leadership skills, and embrace a commitment to service. The program also promotes the values and character traits embodied in the heroic life of the Foundation's namesake, encouraging Scholars to positively impact the lives of others.

The JRF scholarship is awarded to outstanding high school graduates who plan to earn a baccalaureate degree from an accredited, four-year college or university. Additional fellowships are given to JRF Scholars to pursue opportunities to work and study abroad ([Rachel Robinson International Fellowship](#)) and for post-graduate education ([Extra Innings Fellowship](#)).

Applications are completed and submitted online.

Application Deadline: Feb. 1, 2019

<https://www.jackierobinson.org/our-programs>



ESSAY TOPIC DESCRIPTION

Presently, any person born in and subject to the jurisdiction of the United States is automatically granted citizenship. This is referred to as birthright citizenship.

The concept of birthright citizenship arose after the United States Supreme Court's decision in *Dred Scott v. Sandford* in 1857. The plaintiff, Dred Scott, was a slave whose owner had taken him to live with him in free states and territories (i.e., non-slave owning) for extended periods of time. After his efforts to purchase his freedom were rejected, Scott sued for his freedom based upon his residence in those free lands. In a landmark decision, the Supreme Court held that, "a negro, whose ancestors were imported ... and sold as slaves, whether enslaved or free, could not be an American citizen, and therefore had no standing to sue in federal court."

In response to the *Dred Scott* decision, the Fourteenth Amendment to the United States Constitution was adopted in 1868. It includes the Citizenship Clause, which states that "persons born or naturalized in the United States, and subject to the jurisdiction thereof, are citizens of the United States and the State wherein they reside, ..." The Supreme Court had occasion to consider the Citizenship Clause in the case of *United States v. Wong Kim Ark*.

Wong Kim Ark was born in 1873, in San Francisco, California, to Chinese, immigrant parents. They were non-citizen, permanent residents. Ark visited his parents' homeland in 1890 and made an uneventful return to California. He subsequently made another trip, and upon his return in 1895 was denied entry into the United States by customs officials who deemed he was a non-citizen. The matter came before the Supreme Court, which reasoned that the Citizenship Clause of the Fourteenth Amendment excludes only Native Americans born on tribal lands, the children of foreign diplomats and the children of enemy occupiers. Therefore, the Court concluded that Wong Kim Ark was indeed a United States citizen.

Recently, President Donald Trump announced that he is considering issuing an Executive Order to end birthright citizenship for children born in the United States to non-citizen parents. A sitting president is empowered to issue an Executive Order, a "declaration that has the force of law, usually based on existing statutory power, and requiring no action by the Congress" Executive Orders are, however, subject to judicial review. This means that a court with judicial authority may review the Executive Order's effect on United States policy and settled law, and decide if it is valid or invalid.

2019 ESSAY QUESTION

Using 1500 words or less, write an essay in response to these two questions:

1. Is the President of the United States permitted to change the Citizenship Clause of the Fourteenth Amendment by issuing an Executive Order?; and
2. Should birthright citizenship be eliminated?

Black History Month Trivia Contest and Award Reception

Thursday, Feb. 21, 2019

6-9 p.m.

New Jersey Law Center

1 Constitution Sq. | New Brunswick, NJ 08901

The Minorities in the Profession Section invites you to attend this FREE event.

- **Trivia contest** featuring essay winners
- **Art Exhibit** by local artists
- **Guest speaker**, PAULETTE BROWN, ESQ., *first female, African-American president of the American Bar Association*
- **Music** by the Trenton High School Orchestra
- **Award presentations** and acknowledgements



MINORITIES IN THE PROFESSION SECTION

Essay and Trivia Contest
for New Jersey High School Students

2019
**BLACK
HISTORY
MONTH
PROGRAM**

OFFICIAL CONTEST RULES

CONTEST RULES

ELIGIBILITY: The contest is open to all New Jersey high school students (grades 9-12). Students may not collaborate.

HOW TO ENTER: Submit a 1,500-word essay answering these questions (See **Essay Topic Description**):

1. *Is the President of the United States permitted to change the Citizenship Clause of the Fourteenth Amendment by issuing an Executive Order?; and*
2. *Should birthright citizenship be eliminated?*

ESSAY SUBMISSION DEADLINE: All essays must be received by midnight **January 9**. All submissions become the property of the New Jersey State Bar Association. By submitting an essay, the student agrees that the entry has not been previously published.

JUDGING CRITERIA: Each essay will be reviewed by a panel of at least three judges based on the following criteria:

- **Point of view** (clearly stated and well supported)
- **Quality of writing** (spelling, grammar, punctuation)
- **Creativity and meaningful response** (use of critical and creative thinking)
- **Adherence to specified limitations** (See **Essay Format**)

WINNER NOTIFICATION: Essay finalists and runners-up will be notified by mail, email or phone on **February 12** with an invitation to attend the award reception and compete in the Black History Month Trivia Contest for cash prizes.

Students are encouraged to invite family members, teachers and friends to the program. A study guide will be provided to help students prepare for the contest.

CONFIRMING ATTENDANCE: Students must confirm their attendance and participation in the award reception and trivia contest by **February 19**.

AWARD RECEPTION & TRIVIA CONTEST: Essay finalists will compete in a Black History Month Trivia Contest on **February 21** at the New Jersey Law Center in New Brunswick. Finalists who cannot be present to participate will forfeit their chance to compete for top cash prizes and a runner-up will take their place.

PRIZES: All trivia contest finalists and runners-up will receive gift cards and certificates of achievement as follows: First Place \$250, Second Place \$150, Third Place \$100; Runners-up will be awarded \$25 each.

HOW TO SUBMIT ESSAYS

All essays must be received or postmarked by Jan. 9 via email or postal mail.

EMAIL: twilson@njsba.com
Subject: MIPS Black History Month Contest

MAIL: New Jersey State Bar Association
Attn: Tamika Wilson
One Constitution Square
New Brunswick, NJ 08901

If you choose to email your essay, DO NOT mail the same essay and vice versa. If multiple copies of the same essay are submitted, the essay may be disqualified.

ACCEPTED FILE TYPES: Emailed essays must be attached as a Microsoft Word document (*.doc, *.docx), Portable Document Format or Adobe Acrobat (*.pdf), or Google Doc (*.gdoc).

Please DO NOT submit any other file types. Microsoft Works (.wps), Rich Text (.rtf), Plain text (.txt) and WordPerfect (.wpd) files will not be accepted or considered for entry.

No Staples Please: Mailed essays should not be stapled, unless you are a teacher submitting several essays in one mailing.

ESSAY FORMAT

Essays must include a cover sheet with the student's name, and name of high school as well as the student's home address, email address and the student's home or cell phone number. This information is required to notify essay finalists. (See example below)

Essays must not include student's name or any other identifying information about the student. This information should only be written on the cover sheet. Essays will be judged without knowledge of the identity of the author.

Essays must not exceed 1500 words (approximately 3 pages). Entries that exceed the word or page limitations may not be considered.

Essays must be typed, double-spaced with one-inch margins on the top, bottom, left, and right of the each page.

Essay must be typed in a standard 10-12pt font. For example: Times New Roman, Calibri or Arial. Do not use a font smaller than a 10pt font, or exceed a 12pt font.

<p>"Essay Title"</p> <p>John J. Student Some Town High School 123 Main Street Anywhere, USA 12345 (732) 555-1234 johnstudent@email.com</p>	<p>Type essay using a standard font like Times New Roman or Arial. Use 12 pt font. Double-space your document. You should also paginate your essay. Page numbers can be placed on the top or the bottom of each page; on the left, right or in the middle of the page.</p> <p>Type essay using a standard font like Times New Roman or Arial. Use 12 pt font. Double-space your document.</p> <p>1</p>	<p>Type essay using a standard font like Times New Roman or Arial. Use 12 pt font. Double-space your document. You should also paginate your essay. Page numbers can be placed on the top or the bottom of each page; on the left, right or in the middle of the page.</p> <p>Type essay using a standard font like Times New Roman or Arial. Use 12 pt font. Double-space your document.</p> <p>2</p>	<p>Type essay using a standard font like Times New Roman or Arial. Use 12 pt font. Double-space your document. You should also paginate your essay. Page numbers can be placed on the top or the bottom of each page; on the left, right or in the middle of the page.</p> <p>Type essay using a standard font like Times New Roman or Arial. Use 12 pt font. Double-space your document.</p> <p>3</p>
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Questions? Call 732-937-7540 or Visit njsba.com for more information

RESTRAINT & SECLUSION

A THREE-PART SERIES IN WEST ORANGE

WOSEPAC PRESENTS: PHYSICAL RESTRAINT & SECLUSION IN SCHOOLS W/ JOSEPH YOUNG ESQ. DISABILITY RIGHTS OF NEW JERSEY

New Jersey passed a law in January 2018 concerning physical restraint and seclusion in schools. Please join us as **Joseph Young ESQ.**, Executive Director of Disability Rights of New Jersey, comes and explains this new law and answers your questions.

**When: December 5th
7:00 pm to 9:00pm**

**Where: West Orange
High School ,
Library Media Center
51 Conforti Ave**

**Please Pre-Register
for Event @
www.WOSEPAC.com**

**West Orange Restraint & Seclusion
Policy with Kristin Gogerty, Karen
Deas and Dawn Ribeiro**
January 3rd @ Liberty MS
Auditorium
7pm to 9pm

**Workshop : Verbal and Nonverbal
De-escalation Strategies to Address
Behavior w/
Nicole Balle- Molle**
January 14th @ Liberty MS
Cafeteria
7pm to 9pm

WEST ORANGE SEPAC CONTACT US @

www.wosepacchair@gmail.com

www.wosepac.com

[www.facebook.com/ west orange
sepac](https://www.facebook.com/westorange.sepac)

www.instagram.com/wosepac



**Central Jersey Alumnae Chapter
of Delta Sigma Theta Sorority, Inc.
invites**

Student Athletes and Parents

Use Sports to Change Your Life **College Preparatory Workshop**



This workshop is designed to give students tools and insight to use their athletic abilities to their college education and change their lives!

Saturday, December 15, 2018

10:30am – 1:30pm

New Brunswick High School

1000 Somerset Street

New Brunswick, NJ 08901

Panel Share - Coaches, Professional/Student/Collegiate Athletes, WNBA Director

Career Talks - Careers associated with Sports (on & off the field)

Parent / Athlete Circle How to support, encourage and safeguard the student athlete

Registration is Required
Register at www.cjadeltas.org

Lunch Will Be Served

**New Jersey Institute of Technology
Martin Tuchman School of Management
Financial Literacy Camp**

Camp Details: Dates: June 24, 2019 - July 18, 2019

*** Students are expected & required to attend everyday of camp***

Class Times: Monday through Thursday, 8:30am-3:00pm

Location: NJIT Campus Days off: Thursday, July 4th Parent Meeting: Thursday, May 2nd, 2019 at 6:00 PM

Parent attendance to this meeting is mandatory, if child intends to attend program

Closing Luncheon (Parents & Guardians are invited): Thursday, July 18th, 2019

Field Trips: Tuesday, June 25th - Leir Retreat Center (Ridgefield, CT) (tentative)
Monday through Friday, July 8th to the 12th - Princeton Blairstown Center (Hardwick, NJ) (tentative)

Saturday, November 31st, 2019 - Winter Day Trip to Princeton Blairstown Center (Hardwick, NJ) (tentative)

For more information, please visit: <http://management.njit.edu> & click on Financial Literacy Camp

This year the NJIT Martin Tuchman School of Management's Financial Literacy Camp will participate in a five-day (four-night) long field trip, held at Princeton-Blairstown Center, a camp located in the woods of Northern New Jersey.

Princeton-Blairstown Center has a Summer Bridge Program where they partner with schools and community based organizations in Trenton, NJ, Northern New Jersey and New York City. The purpose of this program is to help students develop their academic, physical, social and emotional well-being, while also raising student's environmental awareness and stewardship.

Students will be challenged both physically and intellectually during the activities throughout the week.

The overall goal of each program is to help students create a strong sense of team and belonging, to carry over into the new school year. During the week long program, students will be split into small groups and paired with a trained coordinator and a school chaperone. Throughout their day each group will spend time engaging in one hour of STEM/STEAM class, participating in about one hour of outdoor activities (canoeing/kayaking, etc.), and three hours of leadership, team-building and problem solving activities.

At the end of each day students will gather around the campfire to celebrate the day's accomplishments.

The trip is a life changing moment for many young students, where they often say that the experience was "the best time ever". After attending this camp students feel more confident in themselves, believing that they can become a good leader in a group and effectively make an impact. Camp programs help develop students acceptance of others that have a different opinion from their own. Not only is this camp a fun experience in the outdoors, but it also teaches children responsibilities and how to work together in a team setting.



This program is free to all student who apply.

The application **deadline will be April 15th, 2019, but due to the high response rate in previous years, students are advised to apply as soon as possible.**

See Mrs. Gonzalez in the School Counseling office for application.

Mail and return completed enrollment package to the address below:

NJIT Martin Tuchman School of Management Pre-College
Financial Literacy Camp
Attn: Jordan Ireland
Central Ave Bldg Suite 3014
University Heights
Newark, NJ 07102—1982

If you have any questions, please call 973-650-3975 or email stevan.m.gomez@njit.edu

For more information visit, <http://management.njit.edu> & click on Financial Literacy Camp